

Be Sure To Get Your
JAY DEE

Regional Post

Manassas Regional High School

VOL. 3 NO. 3

MANASSAS, VA.

MARCH 15, 1954

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F. B. L. A. Club Attends Fourth Annual Business Career Clinic

Representatives, Roberta Grayson, Maxine Brooks, Edith Newman of homeroom 11-C and Mable Tankins of homeroom 11-B under the direct supervision of Mrs. R. S. Short and Mrs. M. L. R. Fegans, attended the Fourth Annual Business Career Clinic at Saint Paul's Polytechnic Institute in Lawrenceville, Virginia.

On Thursday, March 4, 1954, we entered Kirby Auditorium, the Chicago Building of Saint Paul's Institute.

Following registration we attended the demonstration of unique operative machines; including the most modern and unique Electric Typewriter, adding machine, a type of file that provides a quick and accurate method of keeping records; and the new "Series 300" Burroughs Sensimatic accounting machine.

President McClenney led us in an inspiring devotional period wherein the Saint Paul choral society rendered selections.

Mrs. Elizabeth J. Johnson, Director, Business Education Department, introduced the speaker for the morning, Mr. Rueben Clay, Racial Relations officer, Region II, F H A, Richmond, Virginia. His very inspiring address was centered around the theme of the F. A. B. C. C. "The Importance of "Leadership Ability" in Securing and Maintaining Economic and Social Progress" in connection with the FHA.

Mr. John M. Guthrie, instructor, Business Education Department introduced the visiting F. B. L. A. clubs.

Remarks were made by Dean H. Arnold Taylor.

The morning session ended with the benediction given by Chaplain Alexander H. Easley.

Miss Loretta Harrod, a former student of this school, led us in a tour of the campus.

One trait that was observed by the Manassas delegates was that the students of St. Paul's possessed a high degree of friendliness.

We had a stimulating and an adequate lunch in the beautiful cafeteria on the campus.

The afternoon session began at 1:30 with Mrs. Elizabeth J. Johnson presiding.

We were favored with a selection from the quartet of St. Paul's.

The afternoon session was in the form of a panel discussion. The topics for discussion were:

I. "ADEQUATE HOUSING AS BASIS FOR A HIGHER STANDARD OF LIVING"

- a. Business Aspects of Building, Buying, or Renting a home
- b. Cautions for the Home Builder, Buyer, or Renter
- c. Opportunity for Career in Housing

Mrs. Geneva K. Valentine, President, Realty Corporation, Washington and Baltimore and Past President National Association Business and Professional clubs, Inc.

II. "ORGANIZING SMALL BUSINESS AND PLANNING INVESTMENTS"

- a. The Responsibility and Opportunity for Women in the Quest for a Higher Social and Economic Standard of Living.

Mr. Reuben A. Clay, Racial Relations officer, Region II, F H A Richmond, Virginia.

III. "THE CAREER OPPORTUNITIES AVAILABLE TO COLLEGE GRADUATES IN THE INSURANCE AND BANKING FIELDS"

Mr. Samuel G. Madden, Instructor Business Education, Armstrong High School, Richmond, Virginia.

AFTER THE FORMAL PRESEN-

Choral Club Attends Music Festival

The school Choral Club recently participated in the Northern Virginia Music Festival Sponsored by the Virginia Teachers Association. The selections rendered were "Let Us Break Bread Together" by Laurence and "You'll Never Walk Alone" by Rodgers. Regional High Choral Club earned a place in Division II, making it eligible for the group to appear in the State festival at Virginia State College in May. At present Miss Doris Carter and Mr. Chauncey Morse are directing.

Band Contest Marches To Victory

The W. C. Handy Band Contest came through with "flying colors," thanks to the spendid cooperation and school spirit on the part of the student body and faculty members. Along with contributions from community organizations and business firms, the sum total amounted to nearly \$1,000.00. The first three winning sections were; First place, Louise Frye 10-A; Second place, Ruth Jackson 10-D; and Third place, Pauline Tyler 10-C.

The funds raised have already been used to purchase some of the basic instruments for the band.

State Convention 1954

The eighth State Convention of the New Homemakers of America will meet at Phenix High School, Hampton, Virginia on March 19 and 20. The delegate from the Manassas Chapter will be Shirley A. Tutt, who serves as Treasurer for the Chapter.

Accompanying Miss Tutt will be Miss Shirley Baltimore, Chairman of the State Program of Work. Mrs. Hall and Mrs. Fields will accompany the girls.

Schedule of activities for the Manassas Chapter of New Homemakers of America.

March 16 — N. H. A. District meeting—William C. Taylor, Warrenton, Va.

March 19-20-1954 State Convention of the Virginia Association of New Homemakers of America, Phenix High School, Hampton, Va.

March 26 — Tour through the Continental Baking Company, Washington, D. C.

April 4 — Annual N. H. A. Sermon, Little Zion Baptist Church, Burke, Virginia, Speaker, Rev. John D. Bussey, Minister

April 5 — N. H. A. Birthday Party

April 9 — Annual Cotton Dress Ball

April 15 — Annual Easter Egg Hunt

May 14 — Annual Mother-Daughter Banquet

June 7-11 — 1954 National N. H. A. Convention, Virginia State College, Petersburg, Virginia

TATION OF THE GUESTS, THE AUDIENCE WAS INVITED TO PARTICIPATE FREELY IN THE QUESTION—ANSWER PERIOD. THEY RESPONDED 100%.

The highlights of the clinic were summarized very beautifully by each of the guest speakers according to his field.

The entire day at the Business Career Clinic was beneficial and very inspiring to us. We want to thank our supervisors for such a splendid trip. We shall always remember our visit at St. Paul's.

Central State's First

Joseph Brown, a 1948 graduate of Regional High School, is the first person from Central State College, Wilberforce, Ohio, to be employed as a Chemist in the Miami Valley Dairy, Dayton, Ohio. Mr. Brown is a student in the Department of Agriculture. He is a candidate for graduation in June with a B. S. Degree in Animal Husbandry.

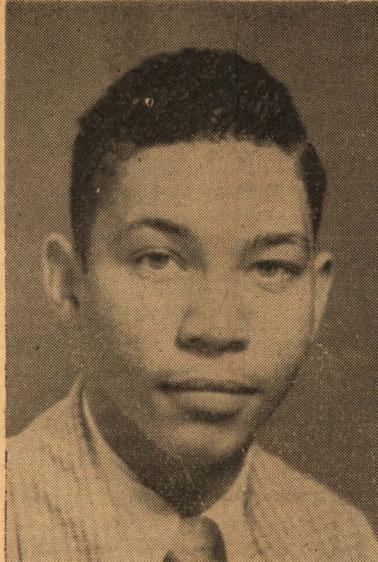
He is the son of Mr. and Mrs. Joseph Brown of Manassas, Virginia.

How Is Your Personal Appearance?

The students of the 8-C homemaking classes have been studying about personal appearance for the past four weeks. During this time, we have studied about many things which contribute to our good grooming.

Are you conscious of your personal appearance? If you are not sure that you are well-groomed in all ways suppose you join us in answering these questions:

1. What is the importance of cleanliness?
2. What care should we give our skin?
3. What care should we give our hands?
4. What should be considered in styling and caring for our hair?



Aaron Betz, the young artist.

My Career In Art

By Aaron Betz

As long as I can remember, I've always been interested in nature and art. Drawing or painting nature scenes and animals is my favorite pastime. At the age of fifteen I created my first oil painting. This was a still life painting. Later on, I began to perceive the beauty of sunsets and landscapes and tried to capture this beauty in oils.

Soon I became interested in lettering. My efforts were seen by various people who offered me jobs lettering for them.

One day I went shopping in a well known department store. I noticed a man tinting photographs and pictures. I stood there watching for two or three hours. After getting home, I tried it and discovered that I had found a new field in art. Besides doing this, I am taking a correspondence course in art.

I am hoping that some day all this will help me to develop into a good successful artist.

Yes, I do see the world through a practiced eye for beauty.

The Guidance Clinic

The Guidance Committee is planning a "Youth Day" program for the student body which will be held on April 30 at the school.

Surveys have been made by the teachers in order to plan the program to best meet the students' needs. Qualified, trained and experienced persons will be present to explore such fields as: the teaching profession, vocational education, music, medicine, nursing, military career, agriculture, library science and health education.

We, the committee, wish to advise the students to give this activity careful consideration and cooperation.

You Would Like The '54 Jay Dee

Fellow Students!! Have you placed your order for the yearbook? Don't forget to place your order now. We have a very wonderful yearbook this time, one that we have worked very hard on and one that we are proud of.

Some of the main features of Jay Dee are: first, there is a unique "Who's Who". Second, plastic covers for 25c extra so that you may preserve the beauty of your yearbook for future years. Third, an entirely different "So Rare" column. Fourth, action shots of classroom and holiday activities and fifth, many unique picture arrangements.

These are just a few, but to see them all, get a copy for your very own. The price is \$2.50. \$1.25 deposit will hold your Jay Dee. The balance is to be paid when the yearbooks arrive. Contact, Miss Paula Gaskins, business manager, to place your order.

We are very proud of the 1953-54 issue of the Jay Dee as I know you will be when you get your copy.

Virginia Union University Choir To Sing at Manassas

The Virginia Union University Choir that was to be presented in a recital at the Manassas Regional High School on Friday evening, March 26, 1954 at eight o'clock will appear at a later date.

Northern Virginia was making plans for this program of inspiring music by this college group. The choir is under the direction of Prof. W. J. Goodwin. The program was being sponsored by the Prince William County Council of Churches.

Attention, Seniors!

Now that you have about completed your high school education, it is essential that you begin planning your future career immediately. When choosing your career you should consider those areas in which you are best qualified. Remember that there is a place and job for everyone and it is your responsibility to seek that goal.

Areas such as journalism, dental hygiene, accounting, social work, psychology, physical therapy, and photography are just a few.

Do not let financial difficulties become an obstacle in your planning, for there are many working experiences. Scholarships and funds are offered to all young people who are willing to accept the responsibilities. Always be conscious of this fact....OUR FUTURE WORLD DEPENDS UPON YOUR SUCCESS.

E. B. Booker

Spring Comes

Beware!

Religious Education Institute To Be Held Here

The Baptist churches of Northern Virginia are planning to participate in the Fourth Annual Religious Education Institute here.

The Institute will be held at the Manassas Regional High School from March 29 to April 2, 1954. Rev. L. A. Jackson, General Chairman, is calling for full participation on the part of all Christian workers. Each church is requested to register for its full membership. The church group registration fee is \$5.00 and all individuals belonging to non-member churches will be requested to register for fifty cents each. All fees are to be sent to Mr. H. P. Johnson, Manassas, Virginia, before the conference date.

C. N. Bennett, Dean of Instruction, announces the following faculty members: Rev. H. G. Knight, Music Group; Mr. G. W. Witt, Pianist; Mrs. Lena Smith, Missionary Group; Rev. H. M. Ruffin, General Church Work; Rev. Morris Samuel, Baptist Training Union; Mrs. Gladys Storrs, Church School Administration. These faculty members are appointed through the unified program of the Baptist General Association of Virginia, Rev. C. L. Evans, Executive Secretary. Dean Bennett is urging all church and auxiliary officers, teachers, group leaders and others to enroll. Textbooks will be required of all persons enrolling and certificates will be presented to persons attending the Institute. Courses in Administration will be given especially to interested individuals.

The program committee includes: Prof. C. N. Bennett, Chairman; Miss Helen L. Harrison, Corresponding Secretary; Rev. N. Stotts, Rev. J. C. Hackett and Rev. L. A. Jackson.

The program will include music from choirs of the churches, welcome greetings, Rev. F. L. Baker of the Prince William Council of Churches and Mr. C. E. DeHaven, Director of Instruction, Prince William County Schools. A faculty member will present a brief address on the function of his particular group each evening.

The Steering Committee includes: Rev. L. A. Jackson, General Chairman, Miss M. E. Mitchell, Secretary; Mr. H. P. Johnson, Treasurer.

The program this year will be sponsored by the churches of Prince William County and vicinity in cooperation with the high school.

The public is invited to attend each evening.

Student Council At A Glance

The Student Council was given the assignment of coordinating all non homeroom assembly programs. To carry out this assignment a Public Relations Committee has been appointed. The members are John Davis, Chairman, Mary Barnett and Harry Taylor.

This committee has the responsibility of inviting the speakers and arranging the program. Members of the student body may be called on for assistance.

The Student Council is making plans to attend the annual Student Participation Association Conference, April 3, at the James Solomon Russell High School, Lawrenceville, Virginia.

For Student Day, the Council is laying plans. The students will have the responsibility of carrying out the school programs.

President Paula Gaskins has announced a Pre-Easter service on April 15.

When you submit questions or problems for the Student Council, let them be those that are of Council nature.

I Am Co-Valedictorian Of My Class

Being the co-valedictorian of the class is an honor which I feel is not easily achieved. It is a title that one holds with comfort to know that his years of study and devotion were not in vain.

To reach this goal involves many sacrifices that some high school students do not make or try to make. This does not mean that we must give up all of the things that are required for a well rounded education and devote our time to strict study, for there is a time for every thing. This means that a few movies will have to be passed up, some basketball, football and football games will have to be sacrificed for a few hours of devotion to a chemistry chapter, an English lesson, or an algebra problem or maybe a review of a test that was taken and failed.

We cannot be partial to anything in particular in our school activities if we plan to make something out of ourselves. Just as some of us sacrifice a lunch, a bar of candy, or an orange to go to a movie or game at school, so should we sacrifice a movie or game for a few hours of study in the library or on a class assignment.

One's character plays just as well a part as one's scholastic ability in striving for the top, if not a better part. We should not only have our lessons, make high marks, or respond correctly in class, but we should be able to control ourselves properly by know-



Charming Miss Paula Gaskins, Fairfax County.

ing when to act, how to act and where to act. If these are considered carefully, there shouldn't be any question as to how we will control ourselves in public.

Having the honor that I have accomplished through my many efforts is to me a very rare privilege. This is the outcome of the aforementioned statements. You have the same privilege. Not every one can be the class valedictorian but surely any one can try.

I Am Co-Valedictorian Of My Class

Principal, teachers, and student body, it gives me a great deal of pleasure to speak to you through our school paper. I have written articles for the paper before as your News Editor, but this time I come to you as co-valedictorian of the Senior Class of 1954.

It is very difficult for me to tell you how surprised, shocked, and overjoyed I was to learn that I was co-valedictorian of my class. I have studied very hard all through my school years at the Manassas Regional High School, and it has been a sincere hope that I would be among the ranking students of my graduating class; however, I never expected that this hope would be realized. It is truly one of the greatest honors that can be bestowed upon a high-school graduate. I feel that this honor should make a person very proud of himself, but not to the extent that it will cause deceit.

Perhaps you are wondering why I say that I am co-valedictorian. I say that, because I share the honor with one of my friends, Miss Paula Gaskins, who has obtained the same rating that I have.

Before going any further, I would like to tell you about the study habits which caused me to receive my great honor. I began my study by first helping my fifth grade brother with his lessons. At approximately 7:00 p.m., I began my studying. I study until 10:30 p.m. studying the subjects which are most difficult to comprehend first. Sometimes I get a little sleepy on my book and end up putting them away until the next morning. I resume my studying on the school bus while traveling to school. Studying with my friends has also helped me considerably. By interchanging ideas we learn lots of valuable information.

When I am not studying, I look at television where many educational as well as pleasurable programs can be seen. Reading and listening to the radio is also a favorable pastime. I enjoy engaging in church programs, such as, missionary and Bible-Class meetings. I also like all types of needlework. At school I have participated in the F. B. L. A., as its vice-president. I am News Editor of the "Regional Post." I am a member of the Dramatic Club and secretary of my home-room and the senior class.

I owe a great deal of gratitude to God who has heard my many prayers, and strengthened me along the way; to my parents who are responsible for my being in school; to my teachers who have helped me since I have been in



Attractive Miss Delores Foote, Fairfax County.

school, and to my many friends who have worked with me, and shared my troubles.

This is my advice to the oncoming student: "Study hard." That means sacrificing play for work. Have faith and confidence in your instructors, seek information about matters which you don't understand, and when your marks are not what they should be keep on studying, don't give up.

My departing thought is this; school is as hard as you make it. How are you going to make it?

Homemaking Classes Have Career Clinic

The second and third period Home Economics class sponsored a career clinic. We were thrilled to hear talks coming from five of our teachers. They were: Mrs. D. J. Gerst, Hampton Institute; Mr. D. L. Witten, Buefield State; Miss E. A. Shaw, West Virginia State; Mrs. M. L. Feggans, St. Paul's Polytechnic Institute, and Miss Joy Vaughn, Virginia Union University; Mr. Earl Pulley, Virginia State College; and principal of Brown Elementary School participated also in this clinic.

The speakers told us about campus life and the real meaning of going to college. They also stressed the importance of attending college. We enjoyed the talks very much, and I am sure many students have a better conception of what it means to attend college and will be better prepared for the career clinic sponsored by the Home Economics Department.

ELLISON EULOGIZES

THOMAS C. WALKER

Chairman of Manassas Industrial School Trustee Board, Inc., 1928-33
DR. J. M. ELLISON

President, Va. Union University

"Thou shalt come to thy grave in a full age, like as a shock of corn cometh in in his season."

JOB 5:26

In the passing of Attorney THOMAS CALHOUN WALKER, a remarkable figure leaves us. In a true sense, his going makes thinner the ranks of Virginia's stalwarts. Through the long years of his eventful life he has been the emphatic example of thrift, moral energy and perseverance. No task in the interest of people was ever too difficult or the community too remote for the exercise of his courage. He lost himself in helpfulness. He was always impatient with indolence, but supremely sympathetic toward those who were pressed by hard circumstances. He lived his convictions.

It would take a long discourse to point up and analyze the virtues of our friend, for his life epitomized those characteristics that make people great.

1. He was a man who loved people. Thus he gave himself to them that he might do his share in making them happy and good.
2. He loved his own home and family, and labored to make it one that could be commended to others. He was an affectionate husband and a kind and ambitious father.
3. He believed implicitly in education and let no opportunity or effort pass to promote it for all people.
4. He was a man of independence. He never wanted people to do things for him.
5. He was a glowing optimist. He believed that a better world and people were in process.
6. He was a man of deep religious faith. He believed in God and religion.

Such is his moral legacy as he comes to the end of his day. Years filled with many good deeds. He is remembered for what he was and for what he did. Like a shock of corn growing up, maturing, bearing its fruitage and therein closes its season. Ninety-one years is a long time in which to bear the fruit of a dedicated life. How beautifully do these words symbolize the end of a dedicated life:

"Thou shalt come to thy grave in a full age, like as a shock of corn cometh in in his season."

Know Your Music

I, Oscar Gatlin, a member of the 10-D Homeroom, a native of Prince William County, do hereby thank the persons who taught and helped me to become one of the winners of the Bland Music Contest.

I was one of the pupils from Manassas who entered the Band Moral Scholarship contest, that was held at Washington-Reid Elementary school. Bernice Long and I were the only ones who entered the contest from Manassas Regional High.

We both were lucky, if you want to call it that. Because I won first place, and she won second place.

The winner will go to Alexandria the last of March or the first of April. If I win there I will go to the state festival which is located in Roanoke to obtain a scholarship presented for the winner.

It is very important to know your music.

It's In The Air

It seems that the seniors in the Home Economics Classes are in for quite a treat. We heard that these seniors will be entertained at the airport in Washington, D. C. late in the spring by the Home Economics Department.

Ranking Students Of

1954 Graduating Class

The names of the ranking students of the 1954 graduating class are given below, together with names of parents and quality points.

1. Delores E. Foote, Mr. and Mrs. Otha Hunter, Alexandria, Va. 2.56.

1. Paula C. Gaskins, Mr. and Mrs. Percy Gaskins, McLean, Va. 2.56.

2. Shirley A. Tutt, Mr. and Mrs. William Tutt, Luray, Va. 2.43.

3. Almira J. Honesty, Mr. and Mrs. David Honesty, Vienna, Va. 2.31.

4. Shirley A. Thompson, Mr. and Mrs. Alfred Thompson, Vienna, Va. 2.25

(Continued on Page Four)

Its Gobbing Time

By Roberta Grayson
Maxyne Brooks

Have you heard the crazy voice of J. L. announcing cozy request? Special attention to "Darling Dear" for the Manassas Lovers.

"Somebody bad stole the wedding bell, Some body know but nobody tells." This applies to X X and X X.

J. J., is it really true that some one, namely H. L. relit the flame in your heart? What's happening? Is something Wrong?

All right Girls, Basketball season is over you had better try to snag a Baseball Player.

Who will be the lucky man in S. B.'s life now that S. W. is going to the Air Force.

Will it be W. W., A. W. or R. L.? It looks as if B. S. has his heart throb back.

H. M. better known as "Daddy Rolling Stone" is still looking for "Mama Rolling Stone."

C. H. and S. B., J. B. and J. G., M. T. and A. J., J. V. and H. M., you had better look out for Interference.

What's wrong with Gillette Razor Blades. It looks as if J. J. has forgotten how to use them.

D. F. watch out for your friends if you expect to keep your heart throb.

Slanguage

1. Thats about the size of it-- Meaning everything
2. Dude-- A young man.
3. Down boy!-- Warning to a wolf
4. Green-- One who's not in the know.
5. Hep-cat-- a wise person
6. Daddy rolling stone-- Guy with lots of girl-friends.
7. Put me wise man-- to give the latest gossip.
8. Ding dong bell-- Time to eat.
9. Hit the hay-- To go to sleep.
10. Beating his gums-- Over talking.

Spin The Platter

Hello dancers, sentimentalists and lovers, I know that you have been waiting eagerly to read this session of chatter-box So your Joys can begin or let the "Tears drop from your eyes."

"Darling Dear," please write and tell me "Why" you have gone from "Rags to Riches" "Nadine," although I know you are getting "Too much Loving" in the "Mission of Saint Augustine." "Lover come back to me" because "I need you so" and "I'll be true to you" if I can have "Money Honey" and with "The Proposal" "Coming on," I can say the "Feeling is so good."

Don't "Richochet" and "Answer me my love" because maybe "Something's Wrong!" And remember "I love you so" and "I am waiting just for you."

"P.S. I love you."

"Sincerely yours,"
"The Jones Boy"

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OF REGIONAL HIGH SCHOOL

John Davis, President

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Your Student of the Month

Having been selected as "student of the month" is indeed an honor. I shall endeavor to retain that respect and faith that the students have in me.

As to my personal history, I am a seventeen year old junior of the Manassas Regional High School. My parents, Mr. and Mrs. Thomas W. Barnett, live in Falls Church, Virginia. My elementary training was received in the James Lee Elementary school of Falls Church.

Graduating from elementary school in June 1950, I entered high school in September of the same year. September was orientation month for me. Besides the experiences in the exploratory courses of the eighth grade, I attribute my adjustment to the joining of various clubs.

The club that interested me most was the N.H.A. As soon as I became adjusted with N.H.A. work, I was elected Reporter. I later served as vice-president and now I am serving as president. In June of 1953, I had the opportunity to really see our N.H.A. members carry on their work. I was selected to represent the Manassas Chapter of New Homemakers at the annual State conference which was held at the Virginia State College, Petersburg, Virginia. The important part of the conference was to see the president call the meeting



Miss Mary Barnett, an outstanding member of the junior class.

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National Flower Show**Was Breathtaking**

by Robert Colvin

On March 8, the Home Economics classes attended The National Flower and Garden Show at the National Guard Armory, Washington, D.C.

When we entered the place of exhibition, I'm sure everyone was solemn, as their eyes fell upon the breathtaking beauty of the vast array of plants and flowers. As we entered, we saw in the middle of the floor a large fountain of seven different colors, the colors of the rainbow. To the left of the waterfall was a very beautiful display of wild flowers; and to the right was a garden of all kinds of roses. There were flowers and plants of all sizes, colors and descriptions.

There were miniature gardens, the same as those around the home in the back yard with many color schemes.

What took my eye most was the mountain scene with roses and orchids scaling upward through the dark rocks. Near the top was a tall spruce standing majestically in the midst of the forest.

I was deeply touched by the arrangements of scenes for the home. There were tulips growing along the walk to the front doors. Around the yard were bird baths surrounded by roses.

I have never seen more beauty in any one place, nor have I had more love for nature than I had for it yesterday. I asked myself, "How deeply seated within the human heart is the love for a flower?" Then I said, "Be happy, for the Lord God has given me eyes of the learned that I may be able to see and appreciate that which His nature has given us."

Am I A Good Discussion Leader

Ask yourself the following questions after the next discussion that you lead. From 100 per cent, subtract 5 for each "no" you must admit.

1. Did I begin the meeting on time? -----
2. Did I end it on time? -----
3. Did I make sure everyone could hear all the time? -----
4. Did I make sure that everyone could see all the time? -----
5. Did I have a good topic for the discussion? -----
6. Did I have a carefully planned guide or outline to follow for the discussion? -----
7. Did I follow the guide? -----
8. Did I start the discussion in some interesting way, so that the topic "caught fire" at once? -----
9. Did I sustain the interest of everyone in the discussion? -----
10. Did I, myself, speak clearly and forcefully? -----
11. Did I really get "discussion" instead of heat or opinion? -----
12. Did the discussion actually "get somewhere"? -----
13. Did I draw virtually everyone into the discussion? -----
14. Was I successful in keeping the discussion to the topic? -----
15. Did I keep the discussion from being monopolized by anyone? -----
16. Did I turn criticisms into constructive contributions? -----
17. Did I have a good summary at the end of the discussion? -----
18. Did I have a follow-up activity ready to suggest? -----
19. Did I treat the discussion as something important? -----
20. Did I check up on the results of the discussion? -----

--Adapted from "How to Handle Departmental Meetings," Issued by the Research Bureau for Retail Training At the University of Pittsburgh.

Negroes In Sports

Mr. Wilmer Fields addressed the student body in a general assembly, February 8, 1954 in celebration of Negro History Week. Mr. Fields, a graduate of Regional High, spoke on "Negroes in Sports". He pointed out areas of sports in which Negro players have participated.

Negroes have progressed immensely in professional football. We have such teams as, San Francisco Forty-niners of which Joe Perry won honors as the most valuable player and was selected to play on the All-Star team. There are the Baltimore, Maryland Colts on which Buddy Young was bought for \$75,000 as quarterback. Cleveland, Ohio Browns' Marion Motley is an outstanding full-back. Len Ford from Washington plays end.

Negroes have been active in boxing. Boxing has eight divisions: flyweight, bantamweight, featherweight, lightweight, middleweight, welterweight, light heavyweight, and heavyweight.

Kid Gavilan holds the title of middleweight, and Archie Moore holds the light heavyweight title. In passing years, Henry Armstrong held three titles: lightweight, featherweight and welterweight. He retired and became a preacher. Sugar Ray Robinson held the middle and welterweight titles, and later retired to become a dancer. Joe Louis, one of the greatest fighters of all times, held the heavyweight title from 1939-1949. He began his fighting career at the age of 23. Max Schmeling was the only person to defeat him. He gave more opportunities to more fighters than any other fighter to win his title.

Baseball is the most outstanding sport throughout America. There are 8 Clubs in the American League, and 8 Clubs in the National League. Brooklyn Dodgers' Jackie Robinson, the first Negro to play in organized baseball, plays infield and outfield. Roy Campanella, catcher, was the most valuable player of 1953. Junior Gillian, second baseman, was the most outstanding rookie of the year. Luke Easter, first baseman for the Cleveland Indians, established himself not only as a player but one of the biggest threats of the team. Satchel Page is one of the best pitchers in Canada, Latin America, or the States. He started his career with the Cleveland Indians, and later went with the St. Louis Browns. He established a name in baseball as one of the most outstanding pitchers of all times. Don Newcomb is pitcher for the Brooklyn Dodgers.

Some of the Negro players who participated in All-Star games are: American League, Larry Doby, and Satchel Paige. National League, Roy Campanella and Jackie Robinson. "Start young, try and become one if not the most outstanding ball player or athlete of your time".

Books Make Life More Meaningful

Books are keys to wisdom's treasure;

Books are gates to lands of pleasure;

Books are paths that upward lead;

Books are friends, come, let us read.

The Library Club purchased the following books for your entertainment, inspiration and companionship.

"The Wind in the Willows", by Kenneth Grahame—One of the best loved books by young people.

"The Old Man and the Sea", by Ernest Hemingway—A thrilling story about an old man, a boy and a big fish. A great book for any one to read.

"All God's Children, What Your School Can Do For Them; by James Keller—

This is a Christopher movement book you will find most interesting to read.

"From Here To Eternity", by James Jones—

This is a magnificent story, cen-

FINDING A LIFE WORK

Getting along with life includes choosing the right career.

1. Visit stores, factories, offices, and laboratories in order that you may get a line on what industry has to offer. (In one of these visits you may see just the thing you are looking for.)

2. Read the lives of great men—I mean great in a vocational sense; lives of Pupin, Edison, J. J. Hill, Girard, Ford, Burroughs, Morgan, Agassiz, Woolworth, Wilson. (Modern biography is very readable, inspiring, and useful.)

3. Talk with interesting men about the work they are doing. Call the pessimist's bluff if you run up against those who are dissatisfied with their jobs. (If anyone starts off with: "Now, my boy, don't ever think of taking up this line of work..." break right in and inquire, "Why not, sir? To what do you lay your failure? What is behind this discouraging statement?" Nine times out of ten you will find the dissatisfied man does not know why he is dissatisfied.) And ten out of ten wouldn't on a pinch change their jobs unless driven to do so.

Go At It Scientifically

4. Then read books about vocations. (Your public library has such a list. If it hasn't, drop me a line and I will suggest some.)

In reading the description of each vocation note the following:

(a) Opportunity for advancement.

(b) Amount of training required.

(c) Methods and amount of remuneration.

(d) Permanency of employment.

Now Analyze Yourself

After you have done those four things you are ready to sit down and ask yourself: "How am I fitted for choosing a particular vocation? Have I an interest in a particular field? Am I going to keep on having that interest? Am I willing to study for it? Am I willing to start at the bottom and work up? Have I the time and money to put into preparation? Will I be satisfied with my choice twenty years from now? What will the job be like twenty years from now?

(After you have answered these questions to your own satisfaction, you will still find that Fate has a very clever way of upsetting the vocational apple cart.) Nevertheless, choose your work. Get a job in it. Stick to it unless you can better yourself by changing. (Listen for Opportunity to knock at your door. Go to bed with your clothes on and a flashlight at hand and, when Opportunity comes, say, "I'm ready.")

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Recipe For Popularity

Mix a cup of friendliness, a dash of politeness, and a pinch of kindness and plenty of tolerance.

Mix well, adding now and then a laugh to spice it a little. If this doesn't look well, add some more of friendliness and kindness. Beat again and make a trial test. If the trial seemed to turn out well, then try for the real test.

If you keep this up you will be successful and popular among your friends, your neighbors, and your family.

Ranking Students Of 1954 Graduating Class

(Continued from Page Three)

5. Barbara J. Brown, Mrs. Lillie Brown, Vienna, Va., 2-12

6. Addison L. Gibbs, Mr. and Mrs. Addison Gibbs, Merrifield, Va., 2.00

7. Lester A. Johnson, Mr. and Mrs. Lloyd Johnson, Triangle, Va. 1.89

8. Barbara L. Smith, Mrs. Laura Smith, Fairfax, Va., 1.88

8. Joyce A. Veney, Mr. and Mrs. Samuel Veney, Luray, Va. 1.88

9. Harriette L. Thompson, Mr. and Mrs. Harry Thompson, Manassas, Va. 1.81

10. Deloris Latney, Mr. and Mrs. Wilbert Latney, Hagerstown, Md., 1.77.

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A TRAVELOGUE OF AFRICA

The entire faculty and student body of the Manassas Regional High School, Manassas, Virginia, were indeed privileged and benefited to hear one of the most inspiring addresses delivered by Miss Ellen Moore, from the Hinderland Africa. Miss Shirley Baltimore introduced the speaker. Miss Moore is a former graduate of St. Paul's Polytechnic Institute, Lawrenceville, Virginia. Upon graduating from St. Paul's, Miss Moore attended several nursing schools. She is a registered nurse.

Miss Moore began her address by telling us something about her homeland. Liberia is the only part of Africa dominated by Negroes. It is ruled by a Negro, President W. B. S. Tubman, who has Negroes in his cabinet. Liberia is divided into two portions. There are the rural and urban districts.

The part of Africa which interests Miss Moore is the interior of Africa. The activities of Africa are similar to those of America. They have gas, lights and some schools.

Miss Moore is primarily interested in the welfare of women and children. She has the intention of building a hospital wing in Africa where expectant mothers and their children can be properly cared for.

One of the most outstanding villages of Africa is Kocata named after an old man whose name was Koca. Koca started Kocata by starting a rice farm. Each year he would raise more rice, and each year the village grew. More people began to raise rice.

The natives still believe in making their own medicines from various roots.

A baby is looked upon as something God-given and as a rare jewel. All of the neighbors come to worship it.

If one man has a farm, that farm belongs to everybody. All of them work together to care for that farm. One man's problem is another man's problem. In Africa a man can marry as many wives as he can afford.

The wife is a well versed person in spiritual and personal morals. She knows everything that a wife is to know. The grandmother is the ruler of everyone; what she says goes.

Children have to walk miles to school. They do not have well equipped schools and necessary equipment.

She closed her address by saying that working today means service tomorrow.

Miss Moore's address was very influencing so much so that it gives all of us the sincere desire to want to help those people.

**LOOK! LISTEN!
LEARN!**

Let's suppose that your dream picture of success has begun to take form in your mind, though it may yet be a little hazy. What should you do if you want to succeed?

The answer to that question is short, but of great importance. You must educate yourself, in the line of work you have chosen to such an extent that you know more about it than two-thirds of those already engaged in it. If your knowledge surpasses that margin, you have just that much more chance of climbing higher up opportunity's hill.

Sounds difficult. But it's easy! When you stop to think that the average person drifts along from day to day without accomplishing half as much as he could, you'll realize that the task can be performed without undue hardship.

Those who are sincere in wanting to be a success can usually find a way to attend college or to educate themselves by means of correspondence-school courses, personal contacts, and the school of hard knocks.

Trying to bluff one's way to success without knowledge is as hopeless as trying to run a flashlight without a battery. Seek more and more knowledge every day as long as you live.

National Celebration Is Very Impressive

Mrs. Dorothy H. Hall attended the Brotherhood Tea of the National Council of Negro Women, Saturday, February 27, 1954, at the Willard Hotel in the Crystal Room, Washington, D. C. This tea was in honor of Mrs. Richard M. Nixon.

The setting was beautiful with the following ladies pouring tea: Mrs. Herbert Brownell; wife of the Attorney General; Mrs. George M. Humphrey, wife of Secretary of the Treasury; Mrs. Harold Stassen, wife of the United States Foreign Director and Mrs. Homes Ferguson, wife of the Senator from Michigan. Mrs. Oveta Culp Hobby, Secretary of Health Education and Welfare; Miss Bertha Adjubs, Assistant to the chairman of the Republican National Committee and Mrs. Alice Roosevelt Longworth were in attendance.

The wives of the Ambassadors representing the countries that were visited by the Vice President and his wife during their recent trip to Asia stood in the receiving line with Mrs. Nixon and Mrs. William T. Mason, President of the National Council of Negro Women, Inc.

Mrs. Robert Vann of Pittsburgh was honorary chairman and Mrs. Lillian Evans of Washington, D.C., was the chairman of the affair which was beautifully arranged. The hostesses wore dark dresses with pink camellias.

The group was entertained by singing and dancing by the group from the Philippines.

Greetings from the National President were timely and in keeping with the affair.

Mrs. Evans gave a brief talk on the history of the Crystal Room and named a number of ambassadors and dignitaries who had been entertained in that room.

Others who attended from this area were: Mrs. H. Celestine Johnson, Supervisor, Elementary Schools, Prince William County; Mrs. Alphonso Harris, former President, Regional Rural Women's Council, Fairfax, Virginia and Mrs. Edivin B. Henderson, Falls Church, Virginia, who was one of the hostesses.

Books Make Life More Meaningful

(Continued from Page Three)

tered around Pearl Harbor Day.

"Twenty Reader's Digest Books", Editors of Reader's Digest. In this book you will find condensed some of the latest novels; Little Boy Lost; Little Britches; Cheaper by the Dozen; Wind, Sand and Stars.

"The Outsider", by Richard Wright

The Saracen Blade; The Foxes of Harrow; The Devil's Laughter, by Frank Yerby.

All of these books has been major book club selections, and each has been a leading best seller.

Frank Yerby received his master of Arts degree from Fisk University.

On March 3, we began our Lenten season. We need to refresh our minds and spirits by giving serious thought to spiritual truths of the Bible.

The books listed are specifically written to give devotional and inspirational reading during the Lenten season.

"The Robe," by Lloyd C. Douglas

"Modern Man and the Cross," by J. C. Schroeeder

"The Song of Bernadette," by Franz Werfel

"The Scarlet Lily," by Edward Murphy

"Christ and the Five Cuts," by Pearl Mars

"A Man Called Peter," by Catherine Marshall

"Masterpieces of Religious Verse," by James Monson

"The Silver Chalice," by Thomas Costain

The members of the Library Club and their advisers have worked and are still working hard to build up our library for your reading pleasure.

"The Development Of Education In Prince William County"

In observance of Negro History Week, the students of Regional High were presented historical information by Mrs. Pattie Howe, wife of a former principal.

Although Virginia was the first colony in America to lay plans for a system of public education, the actual development of schools in the various counties came painfully slow. The first free public school was established in Virginia in 1771.

In 1779, Thomas Jefferson drafted a bill for a general system of education for Virginia; it proved to be ineffectual, however, because the portion relating to common schools made its adoption by the counties optional and not a single Virginia county adopted the plan. Nevertheless, by 1786, sound education was available in Prince William County. In 1791, Reverend Thomas Harrison opened a school near Nokesville.

At the close of the Civil War the Negro became eligible for educational benefits. As there had not been established any free schools for whites, there were of course, none for the Negro. The Federal Government, through the Freedman's Bureau, opened and operated schools for the Negro from 1865 to 1870. Bureau schools were operated in Prince William at Brentsville, Haymarket and Nokesville.

In 1871, the present Virginia state system of public instruction was begun with definite taxes accruing to the encouragement of learning. There were few buildings, teachers were poorly paid and poorly prepared and politically-minded country school officials exhibited little interest in school matters.

In 1806, an academy had been founded at Dumfries; eight years later the Hygeia Academy opened at Haymarket; Brentsville Seminary opened in 1879 and in 1890 the Manassas Institute was founded. Perhaps the most durable of all the Private educational undertakings in Prince William was the Manassas Industrial School. Beset by debt and depreciation, the school surrendered a part of its buildings and direct control of instruction to the school boards of Prince William, Fairfax, and Fauquier counties in 1938. Thus began the Regional High School.

At the close of the Civil War the record showed one illiterate white person of school age in every seven in the county. The Negro population as almost illiterate. When Virginia founded her public school system in 1871. Dr. W. H. Ruffner was appointed first Superintendent of Public Instruction.

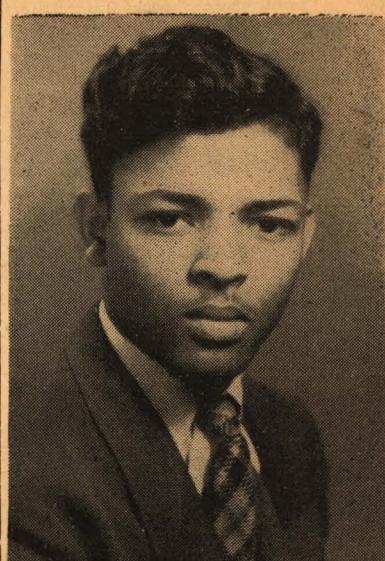
During the first six years of public school operated by the county there were established six districts.

These were located at Dumfries, Occoquan, Coles, Brentsville, Manassas, and Gainesville. Enrolled were 1,396 white children and 707 colored. There were 21 school houses for whites and 7 for colored with 23 white teachers and 8 colored.

In a state whose schools fall far below the national standard, Prince William, on the whole, ranks relatively high on the list of counties. Much has been done, but only the surface has been scratched. The big job lies ahead. Let us pray that the Supreme Court of the United States in this year of our Lord sentences the dual system and all its attendant evils to perpetual banishment.

I realize now that had it not been for my parents, who gave me confidence, and faith in myself, who believe and believed in what I could do, and who started me out in a happy home; or for my teachers, who along with my parents guided me, instructed and understood, and convinced me that to "go to school was to give myself a break," I would not have rated second place in my class. It is an honor which I sincerely thank them for.

I pray as the years go by, with the help of God, I may justify their efforts and faith.

Explore An**Interesting****Vocation**

John Davis — Says that he is interested in exploring printing, as a vocation.

Printing is a graphic art that calls for skill, neatness and art ability.

It is divided into over two hundred different crafts that show skill in a marked degree: linotypist, layout men, pressmen and apprentice or more commonly known as the printer's devil.

Printing is a wide open field for men and women with new ideas. Every since the folio type page, the printing profession has improved. It is one of America's important business enterprises.

If you like to create new things, printing will give you many and unusual opportunities every day.

If you choose printing as your vocation remember an informed press, an informed nation.

At The Foothill

As spring draws closer, seniors the world over can see the mountain named "Graduation" in view. We have been journeying toward this destination for nearly twelve years. If our journey has been good we shall rest on the side of the mountain in June.

We have had many helpers to cheer us along during our days of traveling. They have been our parents, teachers and in many instances, our friends. These people have given us all that was theirs to give. They patiently and tirelessly mould us along the road of knowledge, never daring to stop, for fear we would drop out of formation somewhere along the road and, therefore, miss the glory of reaching the mountain, "Graduation."

I realize now that had it not been for my parents, who gave me confidence, and faith in myself, who believe and believed in what I could do, and who started me out in a happy home; or for my teachers, who along with my parents guided me, instructed and